



2026

NOW I'M A COACH, WHAT'S NEXT



- 1. Coaches must have a valid email address to review their email weekly or appoint an alternate from the team that will meet this requirement.
- 2. Fill out Volunteer Form at www.ayso281.org within your account.
- 3. Look for an email from Sterling. Complete your background check.
- 4. Complete CA requirement of fingerprinting. Or complete at kick off meeting with LiveScan
- 5. Complete volunteer training. In your PHMSA account, click on your volunteer page, then click on AYSOU.
 - Safe Haven
 - Concussion Training
 - Safe Sport
 - Cardiac Arrest

Coach Training Dates (Bring chair, water, clipboard, pencils, tennis shoes or cleats) :
register in AYSOU & complete online modules before attending

Playground/ Schoolyard	6U* <small>Companion field session only</small>	8U* <small>Companion field session only</small>	10U	12U	Intermediate (14U)
Sat Aug 8 4pm-6pm	Sat July 25 1pm-2:30pm	Sat July 25 2:30pm-4pm	Sat June 27 10am-1pm	Sat July 11 9am-1pm	Fri July 17 + Sat July 18 6-10pm + 9am-12pm
Tuesday Aug 25 6pm-8pm			Sat July 25 9am-12pm	July 31-Aug 2 Golden Gate Camp	July 31-Aug 2 Golden Gate Camp
			Sat Aug 8 10am-1pm		Advanced (19U)
	*Field session not required but highly recommended. Coaches must take 6U or 8U modules on AYSOU for certification.			**GGC 12U field session highly recommended	July 31-Aug 2 Golden Gate Camp

*all fees for GGC are reimbursed by PHMSA upon completion of course

- 6. Fill your volunteer sheet with parent volunteers (see Coaches Toolbox)
- 7. Attend Coach meetings or send a team representative
 - July 23rd - 2026 Season Kick Off Meeting
 - August 7th
 - Coach Roundtable September 1st
 - September 25th

Have fun and THANK YOU!